

## **Bible Study Lesson 1 Ephesians 1:1-23**

**Point 1:** What are my Spiritual Blessings in Christ? Read and Discuss: Ephesians 1:1-14

**Question 1:** Read versus 3-14 Can you list all the Spiritual Blessings (promises) we have in Christ Jesus!

Discuss a few of these and how they apply to you in your life for Spiritual growth and trust in God.

- a. Adopted us as sons and daughters-
- b. Redemptions through his blood-
- c. Forgiveness of sins-
- d. God's grace-
- e. Wisdom & understanding-

**Question 2:** In verse 13-14 Discuss /Explain the plan of Salvation and the Role of the Holy Spirit.

**Point 2:** Do I show Christian Love and Know God Better? Read and Discuss: Ephesians 1:15-23

**Question 1:** In verse 15-16 Why is it important to show Christian Love one to another?

Why should the Christian Family continually be in prayer for one another?

**Question 2:** In versus 17 What do you think it means that if you receive the Spirit of wisdom and revelation, you will know Jesus Christ better?

Why is it important in your Spiritual walk and growth to continually get to know God better?

**Think About:** *\*Regardless of what you see happening in the world. God's program is still in place. Jesus has won the victory and he will rule.*

**Memory Verse:**(Optional) Ephesians 1:4 For he chose us in him before the creation of the world to be holy and blameless in his sight. (NIV)

Share with the Group-**How I will Put this Lesson into Action This Week:** I will...

**Prayer Request:** (Please Pray for One Another This Week)

## Bible Study Lesson 2 Ephesians 2:1-22

**Point 1:** How has God Made a Difference in My Life?      Read and Discuss: Ephesians 2:1-10

**Question 1:** In verses 1-3 describes our previous nature of who we were before Christ came into our lives. Can you share a brief story of how God has changed your life?

**Question 2:** In verses 4-10 describes how God's great love for us, saved us through His mercy and grace through Jesus Christ. Share your story of Salvation and/or what it means to you now to have Jesus Christ as your Savior.

**Point 2:** Am I Reconciled Through Jesus Christ?      Read and Discuss: Ephesians 2:11-22

**Question 1:** In verses 14-18 it states that Jesus is our peace, who made the two groups one and destroyed the barrier, dividing the wall of hostility (between the Jews and the Greeks). How have you or someone you know, been affected by racism?\*

**Question 2:** Where do you see racism still prevalent in our culture today?\*

**Think About:** *\*Grace is all that God has done and will do because of what Jesus Christ did.*

**Memory Verse:**(Optional) Ephesians 2:8 For it is by grace you have been saved, through faith, not from yourselves, it is the gift of God, not works, so that no one can boast. (NIV)

Share with the Group-**How I will Put this Lesson into Action This Week:** I will...

**Prayer Request:** (Please Pray for One Another This Week)

### **Bible Study Lesson 3 Ephesians 3:1-13**

**Point 1:** How is My Christian Witness?

Read and Discuss: Ephesians 3:1-9

**Questions 1:** In verse 1 Paul describes himself as a prisoner of Christ Jesus, for the sake of the Gentiles. As you reflect on your Christian journey...share with the Group how you have experienced being a prisoner of Jesus Christ?

What liberties have you forsaken for Christ and others to be a good Christian example?

**Questions 2:** In verses 8-9, Paul describes himself as the least of the Lord's people, yet the grace that was given to him, allowed him to preach to the Gentiles the boundless riches of Jesus Christ and to make plain the plan of Salvation. How do you see yourself as a child of God?

What is holding you back from being a bold witness for Jesus Christ?

Do you feel you are equipped with the grace to tell others about Jesus and his plan of Salvation?

**Point 2:** How is my Prayer Life?

Read and Discuss: Ephesians 3: 10-13

**Question 1:** In verse 12, it states that we may approach God with freedom and confidence. What does this mean to you to approach God with freedom?

How is your prayer life strengthened knowing you can approach God with Confidence?

**Question 2:** In verse 13, Paul asks the Ephesians not to be discouraged because of his sufferings for them. How can we encourage our fellow church members when they are going through sufferings?

**Think About:** *\*Where you stand must be determined by where you're seated.*

**Memory Verse:** (Optional) Ephesians 3:12 In him and through faith in him we may approach God with freedom and confidence. (NIV)

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## Bible Study Lesson 4 Ephesians 3:14-21

**Point 1:** Do I understand the Love of Christ? Read and Discuss: Ephesians 3:14-19

**Question 1:** In Verse 17 states that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love. As you reflect on your heart...is Christ the center?

Has your focus on Christ shifted during these troubling times?

What can you do to bring Christ back to the center of your focus and devotion?

**Question 2:** In verses 18-19 tell us how the love of Christ is described?

How does this make you feel to know how much Christ loves you?

What do you owe a Savior that expresses his love for you by death on a cross?

**Point 2:** Do I understand the Power of Christ? Read and Discuss: Ephesians 3:20-21

**Question 1:** In verse 20, Paul describes the power of Christ that is at work within us. Christ is able to do immeasurably more than all we ask or imagine. How does this make you feel about the things you have been asking God to do?

Does knowing the power of Jesus Christ and the power with have in Christ challenge our faith?

Can you do more for Christ knowing that you have his divine power within you?

**Question 2:** In verse 21 Paul tells of the glory in the church and in Christ Jesus throughout all generations for ever and ever! Amen. As you reflect on the church you experienced with your Grandmother and Grandfather...How do you see the grace of God continuing to show favor?

What actions are you taking today to further this experience to your next generations?

**Think About:\*** *If Jesus is your foundation, you'll be able to withstand the storm.*

**Memory Verse:** (Optional) Ephesians 3:20 Now to him who is able to do immeasurably more than all we ask, or imagine, according to his power that is at work within us, (NIV)

Share with the Group-**How I will Put this Lesson into Action This Week:** I will ...

**Prayer Request:** (Please Pray for One Another This Week)

## Bible Study Lesson 5 Ephesians 4:1-16

**Point 1:** How can I Live a Worthy Life?

Read and Discuss: Ephesians 4:1-10

**Question 1:** In verse 1 we are urged to live a life worthy of our Calling in following Christ. How can we live a worthy life?

In verse 2, we are given attributes to live by-humble, gentle, patient, bearing with one another in love...explain how these will help us live a worthy life for Christ?

**Question 2:** In verses 4-6 List all the “One”s.

What does it mean to have One body; One Spirit; One Hope; One Lord; One Faith; One Baptism; One God? Share your thoughts:

**Point 2:** How can I Understand the Church?

Read and Discuss: Ephesians 4:11-16

**Question 1:** How do these verses contribute to your understanding of the church?\*

**Question 2:** Why do you go to church?\* What do you hope to encounter or experience?\*

When do you feel most connected with other Christians around the world?\*

**Think About:\*** *Victory over the power of the culture comes when the church supports the agenda of God and not the regime of the devil.*

**Memory Verse:**(Optional) Ephesians 4:3 Make every effort to keep the unity of the Spirit through the bond of peace. (NIV)

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## Bible Study Lesson 6 Ephesians 4:17-32

**Point 1:** How can I put on the New Self?      Read and Discuss: Ephesians 4:17-24

**Question 1:** In verse 17-19 Paul describes the Gentile as darkened in their understanding and separated from the life of God due to the hardening of their hearts. Can you reflect on your life before Christ?

Can you think of anyone who you need to pray for or share the Gospel?

**Question 2:** In verses 20-24 You were taught to put off your old self, which is corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. What does it mean to be corrupted by your own deceitful desires?

What does it mean to be made new in the attitude of your minds?

How can you put on the new self in true righteousness and holiness?

**Point 2:** Am I Forgiving?      Read and Discuss: Ephesians 4:25-32

**Question 1:** From verses 25-31, make a list of all the former ways of the old self:

Choose a few to Discuss: falsehood, anger, stealing, unwholesome talk, bitterness, rage, fighting

**Question 2:** In verse 32 we are commanded to be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. How can you demonstrate kindness and compassion to others?

Who needs your forgiveness?

What is most difficult for you when you need to forgive?

**Think About:**\* *Stop focusing on what you can't do. Start focusing on what God can do.*

**Memory Verse:**(Optional) Ephesians 4:32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (NIV)

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## Bible Study Lesson 7 Ephesians 5:1-20

**Point 1:** How am I Walking in the World?

Read and Discuss: Ephesians 5:1-7

**Question 1:** The Bible calls Christians to take care how we ‘walk’ in the world, referring to how we live and conduct ourselves.\* Why is ‘walking’ such an apt metaphor for the Christian life?\*

Describe How you walk in the way of Love? How would your family describe your Christian walk?

**Question 2:** In verses 3-5 Make a list of the things that are improper for God’s holy people:

Discuss a few of these: sexual immorality, greed, obscenity, foolish talk, coarse joking

**Point 2:** Am I living a Wise life in the Light?

Read and Discuss: Ephesians 5:8-20

**Question 1:** In verses 8-13 What does it mean to live as children of light (for the fruit of the light consist of all goodness, righteousness, and truth)?

**Question 2:** In verses 15-17 What does it mean to be careful how you live-not as unwise but as wise, and to make the most of every opportunity, because the days are evil?

In verses 19-20 Why is it important to sing and make music from your heart to the Lord?

**Think About:** \* *Walking requires one step after another, because it always has a destination in mind. You walk because you are going somewhere.*

**Memory Verse:**(Optional) Ephesians 5:2 And walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

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## Bible Study Lesson 8 Ephesians 5:21-33

**Point 1:** What Makes a Good Husband and Wife?      Read and Discuss: Ephesians 5:21-26

**Question 1:** How would you summarize what it means to be a good husband?\*

How would your wife describe your strengths?

**Question 2:** How would you summarize what it means to be a good wife?\*

How would your husband describe your strengths?

**Point 2:** Am I Yielding in Love and Respect?      Read and Discuss: Ephesians 5:27-33

**Question 1:** What ideals or images come to mind when you hear the word submit?\*

**Question 2:** What emotions do you typically experience when you submit to someone or something? \*  
Why?\*

How would you describe your submission to Christ and the Church?

**Think About:\*** *God commands husbands to love their wives. However, he never instructs a wife to love her husband. Instead, wives are commanded to respect them. (See Ephesians 5:25, 33)*

**Memory Verse:**(Optional) Ephesians 5:31 For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.

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## Bible Study Lesson 9 Ephesians 6:1-9

**Point 1:** How is my Family Relationships?      Read and Discuss: Ephesians 6:1-4

**Question 1:** What are your initial reactions to verse 4?\* Why?\*

Why do you think the Father has a prominent role in training the children about the Lord?

**Question 2:** In What ways do you nurture and nourish your children/grandchildren?\*

How do you personally invest your time and resources in the spiritual nourishment of your children/grandchildren?\*

**Point 2:** Am I Serving Christ Wholeheartedly?      Read and Discuss: Ephesians 6:5-9

**Question 1:** In verse 5-8 How were slaves expected to serve their earthly masters? Why?

What images does this bring to mind as we Christians serve our Master Jesus Christ?

**Question 2:** In verse 9 How were Masters expected to treat their servants? Why?

**Think About:\*** *Honor your father and mother...so that it may go well with you and that you may have a long life in the land.* (Ephesians 6:2-3)

**Memory Verse:**(Optional) Ephesians 6:1 Children obey your parents in the Lord, for this is right.

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## Bible Study Lesson 10 Ephesians 6:10-13

**Point 1:** Am I Equipped to Withstand the Devil? Read and Discuss: Ephesians 6:10-11

**Question 1:** In verse 10 we are told to be strong in the Lord and in his mighty power. What does it mean to you to be strong in the Lord?

What actions can you take to make sure you are strong in the Lord?

**Question 2:** In verse 11, \*The battle Christians face every day is rooted in **the schemes of the devil**, in his efforts to deceive us. He is happy for you to picture him as a cartoon character wearing a red jumpsuit with horns and carrying a pitchfork so that you won't take him seriously. How serious do you take the devil or the evil one?

When you do wrong or sin...who is the first being or person you blame?

Do you think you give the devil a foothold or opportunities to influence your actions?

**Point 2:** Am I ready to fight my Spiritual Battles? Read and Discuss: Ephesians 6:12-13

**Question 1:** In verse 12 we are told that our struggle is not against flesh and blood...but against spiritual forces of evil. \* You then have to fight the spiritual with the spiritual. Your human strength won't work. Through the cross and resurrection of Christ, victory is already won.

How do you explain this spiritual battle we encounter as Christian believers?

What can you do to Equip yourselves for your Spiritual battles? Explain.

**Question 2:** In verse 13 we are instructed to put on the full armor of God, so that when the evil days come, you may be able to stand your ground.

What areas of your life are you struggling to hold your ground?

How is the evil one attacking you and the things you cherish?

**Think About:** \* *We don't wrestle against flesh and blood. The people are real. The problems are real. They are just not the root problem.*

**Memory Verse:**(Optional) Ephesians 6:11 Put on the full armor of God, so that you can take your stand against the devil's schemes. (NIV)

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## Bible Study Lesson 11 Ephesians 6:10-15

**Point 1:** Am I Wearing the Full Armor of God?      Read and Discuss: Ephesians 6:10-14

**Question 1:** In verse 13 \*Your only hope is to be strengthened by the Lord and to put on the full armor of God. The only power the devil has is the power you give him.  
What actions do you take daily to put on the full armor of God?

Describe how wearing the full armor of God can give you victory in your Christian living?

**Question 2:** In verse 14 \* To wear truth like a belt is to live in authenticity before God. Since Satan is a liar, he can't function in an environment of integrity.  
How authentic are you living your life to please God?

What does living a life in Truth mean to you?

**Point 2:** Am I Living in Righteousness and Peace?      Read and Discuss: Ephesians 6:14-15

**Question 1:** In verse 14 Having the breastplate of righteousness in place means \*Our righteousness is not our own. God imputed Christ's perfect righteousness to us. We are to stand firm in Christ's victory.  
What actions or attitudes do you demonstrate to live in Righteousness (right acts to please God)?

Do you think you are living a victorious life in Christ Jesus? Why?

**Question 2:** In verse 15 \*Having your feet sandaled with readiness for the gospel of peace refers to the peace of God that confirms we are moving in the right direction.  
Describe the direction you are moving in to spread the gospel of peace?

Would others describe you as a peace maker or a peace breaker? Why?

**Think About:** \* *Standing firm in the armor of God doesn't stop the spiritual warfare from raging. It stops it from defeating you.*

**Memory Verse:** (Optional) Ephesians 6:13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. niv

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## Bible Study Lesson 12 Ephesians 6:16-24

**Point 1:** Am I walking by Faith and with the Sword of the Spirit? Read and Discuss: Ephesians 6:16-17

**Question 1:** In verse 16 We are instructed to take up the shield of faith. \*What is faith?  
It's acting like God's telling the truth--being obedient to God's view on a matter.  
Acting in faith is like activating a divine fire extinguisher.

How often do I trust my own choice instead of trusting God's way? Why?

How strong is my faith when I can't see the end result?

**Question 2:** In verse 17 \*to wear the helmet of salvation means to make decisions with a biblical mindset. We are to think God's thoughts and not operate in human wisdom.  
How is my thought life?

Do I control my thoughts according to Philippians 4:8. Write out a list from this scripture:

**Point 2:** Am I Using Bible Study and Prayer Against the Devil? Read and Discuss: Ephesians 6:17-24

**Question 1:** In verse 17 \*The sword of the Spirit—which is the Word of God—is the only offensive weapon in the spiritual armor ensemble. Christians must learn to use Bible Study against the devil. He is allergic to the Word of God when it is consistently used against him.  
How faithful Am I at Studying my Bible?

Describe why it is important to you to attend a Bible Study consistently?

**Question 2:** In verse 18 \*Prayer is the divine means of putting on our spiritual armor, which is a reflection of the person and work of Jesus Christ on our behalf. Communication with God.

How committed am I to have a consistent Prayer Life?

Describe why it is important for you to be in constant communication with God through prayer?

**Think About:** \* *You have a Perfect, True, and Loving Father, who always looks out for your best interest.*

**Memory Verse:**(Optional) Ephesians 6:24 Grace to all who love our Lord Jesus Christ with an undying love. (NIV)

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- NOTE: \* Excerpts taken from the Christian Standard Bible Tony Evans Study Bible 2019 \*

**WHAT: *EnGAGE* SMALL GROUP CUPCAKE SOCIAL**

**WHEN: Wednesday June 30<sup>th</sup>**

**TIME: 7 PM**

**WHERE: All Small Groups will Meet in the  
IBC Church Parking Lot  
Please bring your families!  
(Social Distance and Wear a Mask)**

**Menu: Hot dogs, chips, sodas, And Cupcakes!**

**Special Thanks to All our Small Groups Leaders/Host and  
Participants!**

